



February: Week One

Objective:

I Can Learn How Ruby Bridges Models Excellence.

Activities:

Students will create a 'Proud of me. Proud of we!' portrait.

Materials:

- ☐ Activity pages
- ☐ Coloring materials

Character Word: EXCELLENCE

Introduction:

[Excellence Clip](#)

Use Bunny's story to talk about what it means to be excellent.

[Life Lessons: Striving for Excellence | Inspirational Animated Video](#)

[Motivational short video - How to succeed - cartoon](#)

Songs:

[BELIEVE \(The Song!\) Official Lyric Video](#)

[School Song - Excellence](#)

[Michael Jackson - Man in the Mirror LYRICS HQ](#)

[Sesame Street: Janelle Monae - Power of Yet](#)

Books:

[The Pencil's Tale - a story that everyone should hear](#)

Hero Clips

[KATA EMPI by Mahiro Takano, Amazing Karate Girl](#)

[Simone Biles Stuns With New Triple Double on Floor | Champions](#)

[Series Presented By Xfinity](#)

[Why Growth Mindset - Michael Jordan shares his story on Growth Mindset](#)

[Have Courage and Be Fearless](#)

Lesson:



Students will learn about Ms. Ruby Bridges and the sacrifices she made to help us integrate schools and change the world. It starts with a brief introduction to Black History Month.

- [Black History \(It's Yours\) | Black History Month Rap Anthem | Animated Music Video](#) - Play as an introduction to Black History Month.
- [Black History Song | Gracie's Corner](#) - Gracie sings a great song in honor of Black History Month.
- [I am the Dream | Black History Songs for Kids](#) - After watching the video, ask the children if they recognize anyone from the video. Ask the children what their dreams are.
- [Sesame Street: Arrested Development Sings Pride](#) - Play this song about having pride.
- [Circle Time with Miss Ruby & Jessica | Cartoon Network](#) - Play the video. After ask the children what they remember about Ruby Bridges. Ask the students how they can be like Ruby Bridges.

JAM Time:

Create Your 'Proud of Me' picture. (10-15 minutes)

Pass out the activity pages and coloring materials to students Have students create a picture of themselves doing something that they are proud of like reading a book, doing addition or helping a friend. Ensure that students are thoughtful and prepare to share their work with the group. Here are some songs to enjoy while you work. [Change the World Song](#) and [Love Can Change the World"](#)

Closing Community Circle (5-10 minutes)

In the final minutes allow participants to share their Proud of Me portrait.