



May: Week One

Objective:

I Can Learn About Bruce Lee

Activities:

Students learn kung fu with Kung Fu Panda.

Materials:

Kung Fu Panda activity.

[Kung Fu Panda Exercise for Kids](#) 🐼 | [Brain Break](#) | [Indoor Workout for Children](#)

Character Word: COURAGE

Songs

[The Wiz \(7/8\) Movie CLIP - If You Believe \(1978\) HD](#)

[Roar](#) | [Music For Kids](#) | [Dance Along](#) | [GoNoodle](#)

[Michael Jackson - Man In The Mirror \(Lyrics\)](#)

Inspirational vids

[Naturally Brave Kids: What does being brave mean to you?](#)

What does being brave mean to you?

[For the Heroes: A Pep Talk From Kid President](#)

[100 Kids Tell Us Their Fears](#) 🐼 🍁 🧛 | [100 Kids](#) |

[HiHo Kids](#)

Read Aloud

[When You Are Brave](#) by Pat Zietlow Miller &

[Illustrated by Eliza Wheeler](#) | [Read Aloud](#) |

Lesson:

Why we celebrate AAPI

[Olivia Rodrigo](#) | [Asian Pacific American Heritage Month](#) | [Disney Channel](#)

[What These Asian American Families Love About Their Culture](#) | [Over the Moon](#) | [Netflix](#)

[The Story of Bruce Lee](#) | [Kids Book Read Aloud](#) 📖 [Asian-American Heritage Month](#)

Bruce Lee Read Aloud

- How does Bruce Lee show courage?
- How can you be like Bruce Lee?

[7 Year Old Girl Karate Master](#) | [Incredible Kankudai Demo](#) | [Poke My Heart](#)

- What do you think about her moves?

JAM Time:

I Can Do Karate. (10-15 minutes) Enjoy this Kung Fu activity [Kung Fu Panda Exercise for Kids](#) 🐼 | [Brain Break](#) | [Indoor Workout for Children](#)

Closing Community Circle (5-10 minutes)

In the final minutes allow participants to share their new moves.