# LESSON 1: BEFORE THE PILGRAMS

Jovember: Week One

# Objective:

I Can Understand Native American life before the arrival of the Pilgrams

### Activities:

Students will make their own Wampum necklaces, bracelets or rings.

### Materials:

- □ Paper and Pencil (for writing prompt)
- □ Scissors
- Assortment of decorative beads
- ☐ String for 'wampum' bracelets

### Character Word: Perseverance

#### Some Music Videos:

- Sesame Street: Janelle Monae Power of Yet
- Keep on Trying | Inspirational Song for Kids
- "The Power of Yet!" 
   Music Video

#### Stories and Games

- I Choose To Try Again by Elizabeth Estrada | A Story about Perseverance and Diligence | Read Aloud
- The power of 'yet' with Zoe and Elmo from Sesame Street
- Grow Into A Tree: Confidence Boosting, Mindfulness
  Activity For Young Kids
- <u>III Kids Book Read Aloud: The Girl Who Never Made</u> Mistakes: A Growth Mindset Book

## Lesson:



Play the video about The Native Americans of New England <u>The Wampanoag Way</u>. Debrief the video with the students, talk about the elements of life as a Native American. What connections can be made to their lives?

- Play the video Black Indians of Wampanoag and African Heritage
- Play the video What is Wampum? What are some of the symbolism used in Wampum belts?
- Play the video <u>Wampanoag: Reviving the language</u>. Ask the children why the woman, Tavares Savant, says that listening to the children speak Wampanoag is healing.
- Play the video <u>Oldest Native American footage ever</u>
- Play the video <u>Kids Meet a Native American Politician</u>
- After the videos, engage the children in a brainstorming session of 'Notice' and 'Wonder' on the whiteboard (have them state what they see and ask what they want to know more of). Release the students to complete their prompt.



**Create Your Own Wampum Bracelet (10-15 minutes)** 

Pass out bracelet materials to students. Have students choose and string their own bracelet, necklace or ring. Ensure that students are thoughtful in their bead choice and prepare to share the significance on their design.

Closing Community Circle (5-10 minutes)

In the final minutes allow participants to share their thoughts on today's lesson.