



March: Week One

Objective:

I Can Learn How Harriet Tubman exemplifies confidence.

Activities:

Students will create a portrait of Harriet Tubman

Materials:

- Paper
- Coloring materials

Character Word: CONFIDENCE

1Docu videos with advice for children

[5 Ways To Boost Your Confidence](#)

Rocket Kids presentation of 5 ways to build confidence

[Self-Esteem For Kids - 10 Ways To Build Self-Esteem & Self-Confidence](#)

Video with strategies to build esteem and confidence

[The Kid's Guide to Confidence](#)

Children give advice to develop confidence

[Sesame Street: Confidence \(Word on the Street Podcast\)](#)

Sesame Street word on the street confidence.

[Boost Your Self Esteem](#)

How to boost your self esteem

Read Alouds

[Children Build Self-Esteem, Increase Confidence, Stop Bullies | Stress Free Kids](#)

Confidence Read Aloud

Brain Games Segment on Power of Positive Thinking

[The Power of Positivity | Brain Games](#)

Songs

[Confidence SPOT Song Music Video for Kids](#)

[Sesame Street: Song -- I Love My Hair](#)

[QuaverEd: You-Nique](#)

Dance

[KIDZ BOP Kids - Confident \(Dance Along\)](#)

Short Film

[Ballerina Dance battle - Confident 1080p](#)

Lesson:



- [Xavier Riddle & the Secret Museum FULL EPISODE | I am Harriet Tubman | PBS KIDS](#) Full
Ask the children how Harriet Tubman showed courage.
Ask how they can show courage like Harriet.
- [Harriet Tubman for Kids | Learn about Harriet Tubman and the Underground Railroad](#)
Ask how Harriet showed courage..
- [Harriet Tubman: "Spying on the Man" | SUNG HISTORY](#)
Cute song all about Harriet Tubman. Listen as many times as you like.

JAM Time:

Create Your 'Harriet Tubman' picture. (10-15 minutes)

Provide the students time to paint/color draw their own picture of Harriet Tubman.

Closing Community Circle (5-10 minutes)

In the final minutes allow participants to share their portrait of Harriet Tubman.